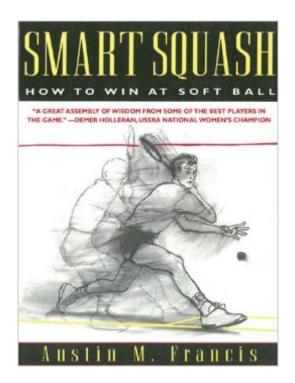
The book was found

# Smart Squash: How To Win At Soft Ball





## Synopsis

After more than one hundred years of playing squash with a hard ball, Americans switched, almost overnight, to using a soft ball. In order to aid this transition, Austin M. Francis wrote Smart Squash: How to Win at Soft Ball, a comprehensive guide to winning squash with this new method. For players of all levels, whether switching from hard ball or new to learning the game entirely, Smart Squash: How to Win at Soft Ball is a must-have. Francis draws from experience and advice from over thirty US and international coaches, champions, and professionals, covering all aspects of the game. Readers will learn tactics, strokes, shots, drills, match play, and strategies from this invaluable source of instruction and inspiration. Experienced squash players and novices alike will gain enormous wisdom and expert techniques from this all-encompassing guide to soft-ball squash.Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

### **Book Information**

Paperback: 160 pages Publisher: Skyhorse Publishing (August 5, 2014) Language: English ISBN-10: 162873700X ISBN-13: 978-1628737004 Product Dimensions: 6.9 x 0.6 x 9.2 inches Shipping Weight: 1.2 pounds Average Customer Review: 3.7 out of 5 stars Â See all reviews (6 customer reviews) Best Sellers Rank: #1,186,879 in Books (See Top 100 in Books) #23 in Books > Sports & Outdoors > Racket Sports > Squash #2073 in Books > Sports & Outdoors > Miscellaneous > History of Sports

### **Customer Reviews**

I think this would be a very useful book for someone who started with hardball and wanted to change over to play softball. As someone who started with softball, however, I was a little disappointed. I have also read Jahangir Kahn's "Go Play Squash" and I thought that book had much better descriptions of the technical aspects of the softball game. For me, too much of Francis' book focused on overcoming hardball habits that I don't have. But the book did contain many useful quotes from professionals about tactics and mental preparation.

Very good book. Explains the basics and gives some more advanced tips. The only bad comment I have is that it speaks a little too much of differences between hard ball and soft ball squash.

Loved the book. After many years layoff of playing this book was a real delight and joy. It has helped me some in my game, but age has caught up with me and I now see the ball sailing overhead and I am not moving as fast as before! Really weird! But it is great to teach youngsters the game, and the book is tops for any squash player. Have given it as a gift to several.

#### Download to continue reading...

Smart Squash: How to Win at Soft Ball Soft Tissue Injuries and Hard Ball Tactics: Dealing With Soft Tissue Injuires and Insurance Companies Raising Big Smiling Squash Kids: The Complete Roadmap For Junior Squash The Ultimate Guide to Weight Training for Racquetball & Squash (Ultimate Guide to Weight Training: Racquetball & Squash) Squash Basics - How To Play Squash Squash For Beginners: Squash Basics How to Referee Squash: Squash: how to mark and referee Apple's Homekit Smart Home Automation System Handbook: Discover How to Build Your Own Smart Home Using Apple's New HomeKit System (Smart Home Automation Essential Guides Book 7) My Yonanas Frozen Treat Maker Recipe Book: 101 Delicious Healthy, Vegetarian, Dairy & Gluten-Free, Soft Serve Fruit Desserts For Your Elite or Deluxe Machine (Frozen Desserts & Soft Serve Makers) Electrostatic Effects in Soft Matter and Biophysics: Proceedings of the NATO Advanced Research Workshop on Electrostatic Effects in Soft Matter and ... 1-13 October 2000 (Nato Science Series II:) Roulette Rockstar: Want To Win At Roulette? These 3 Simple Roulette Strategies Helped An Unemployed Man Win Thousands! Forget Roulette Tips You've Heard Before. Learn How to Play Roulette and Win! Get In Shape With Exercise Ball Training: The 30 Best Exercise Ball Workouts For Sexy Abs And A Slim Body At Home (Get In Shape Workout Routines) and Exercises Book 2) Pilates on the Ball: The World's Most Popular Workout Using the Exercise Ball La biblia de Dragon Ball/ Dragon's Ball Bible (Spanish Edition) Basic Cue Ball Control Fundamentals: Improve cue ball management skills!! The games of drawing room hockey, tether

ball, hand tennis, garden hockey, volley ball, basket goal, lawn hockey, wicket polo, hand polo, golf croquet, clock golf, laws of badminton The Game of Squash: 5 Easy Ways to Improve Your Game and Win More Matches Late to the Ball: Age. Learn. Fight. Love. Play Tennis. Win. Eat Smart in Poland: How to Decipher the Menu, Know the Market Foods & Embark on a Tasting Adventure (Eat Smart) Heart Healthy Smart Recipes: Smart Eating for Heart Health

<u>Dmca</u>